



at ceiba del mar

WELLNESS PROGRAMS

Spa at Ceiba del Mar selected the best state of the art equipments all over the world, non invasive to detoxify and provide equilibrium, harmony and promote good health.

Energetic Balancing Evaluation

Basic Protocol **New** \$ 50.00usd 30 min.

Includes: Accupoint reading, Q chart (top 10 meridians). Printed report

Bee Protocol **New** \$200.00usd 120min

Includes: Accupoint reading, balancing products, Q chart (top 10 meridians back to balance) and printed report.

Vantage plus protocol **New** \$250.00usd 150 min.

Includes: Accupoint reading, balancing products, Q chart (top 10 meridians back to balance), body cleanse session and printed report.

Overall, the Energetic Balancing Evaluation provides a completely non invasive method for gaining valuable information about the body's vital functions. The primary objective of this procedures is to disclose patterns of stress and to provide feedback to use in a program to help restore each system and meridian to an appropriate balance.

Body Cleanse \$65.00usd 45 min.

Series of 3 \$160.00usd

A State of the Art non invasive equipment, comfortable and relaxing way to rid the body of toxins. Introducing the feet in warm water for 30 minutes while an electrode will send positive and negative ions to proceed the detoxification. Recommended specially for people with arthritis, water retention, smokers, weight loss programs, etc.

Vantage Flower Remedies therapy **New** \$80.00USD 60min.

Catalysts to unlock your full potential, resolve negative belief and create emotional health and well being. This protocol will include accupoint reading, Q Chart (10 meridians back to emotional balance) and balancing flowers to take and printed report.

FDA 510 (k) number K993824. Registration 1723429
CE Mark approval for the European Union

CEIBA DEL MAR
BEACH & SPA RESORT
PUERTO MORELOS, RIVIERA MAYA



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“SIGNATURE TREATMENTS” A MAYAN EXPERIENCE

The Mayan experience is a fusion between Ancestral Mayan wisdom, Mexican herbal remedies, essential oils and modern know how. Before each of our Signature Treatment, a purifying ritual with copal, Mayan sacred tree resin which is burned and used to harmonize body, mind and spirit.

The Mayan Goddess Scrub \$80.00 US 40 min.
Expert hands will scrub and moisturize your body with a rich mixture of seeds and avocado oil, Chaya (tshaya) (medicinal sacred plant), achiote (ashiota) (anti-inflammatory and antiseptic plant) beeswax and honey (rich moisturizers and full of vitamins), will leave your skin like a Mayan goddess.

Scalp Muk-pol \$95.00 US 60 min.
Traditional Mayan herbs like Chaya, achiote, honey and rich vegetable oils will nourish your scalp and hair, releasing tension and stress, includes lymphatic head drainage. We complete the treatment with a face, neck and shoulders massage.

Facial May -thai \$120.00 US 70 min.
This anti-stress facial is a Mayan -Thailand fusion. A vegetable peeling will prepare the skin, a deep face massage to stimulate the meridians will continue, to follow with a nutritive massage with hot steamed compresses with grains and herbs. A cold aloe veil will seal this treatment. Your skin will feel stress free and rejuvenated

Top’Nikté Massage MT \$140.00 US 90 min.
We start with a relaxing 50 minutes massage and continue with a cocoon body wrap with a cotton cloth soaked in an herbal infusion. This allows the body to get rid of toxins, and absorb the benefits of the herbs. You also receive a de-stress scalp and face massage.

Cocoa Ritual MT New \$140.00 US 90 min.
Amaze your senses enjoy this wonderful experience. Is a combination of 3 treatments: exfoliation, massage and body mask.
A creamy cocoa and seeds body exfoliation will prepare your skin for a very smooth and relaxing cocoa massage. You will feel an experience of joy, smoothness and relaxation.

Fango Massage LT \$130.00 US 70 min.
An aromatherapy lymphatic drainage massage with volcanic clay, helps to detoxify and drain the lymphatic tissue, recommended for cellulite treatments and/or to detoxify and purify your body.

Light feet massage \$55.00 US 40 min.

A signature refreshing gel will be applied with a special technique massage for feet and half legs to stimulate acupressure points to release excess of fluids, comfort tired feet, promote blood circulation and simulate different organs. You will feel your feet and legs fresh, soft and light.



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Balsamic Mayan Massage **MT** \$240.00 US 120 min.

Designed to balance body, mind and spirit, restoring peace and vitality. Ten different essential oils are personalized for this treatment. Gives enormous benefits to the immunology and circulatory systems, helps to correct unbalanced column, bad posture, stress, exhaust and mainly strengthens the nervous system. The essential oils are applied as raindrops over the back and are spread along the vertebrae with soft massages, heat is also used as hot stones to help oils to penetrate skin, finishing with a full body massage. The benefits of this treatment will last for one month approximately.

FACIALS

Express Facial \$70.00 US 30 min.

Designed to cleanse and refresh, a great boost, including cleansing, exfoliation and a nutritive or re-hydrating non-chemical mask. We complete the treatment with a massage on shoulders, neck and scalp.

Facial Deluxe \$130.00 US 90 min.

This is a revolutionary new treatment with two different masks, completed with D'Arson therapy, which helps to significantly reduce the appearance of lines. The skin is rejuvenated. Includes eye treatment. . We complete the treatment with a massage on shoulders, neck and scalp.

Facial anti-age \$150.00 US 100 min.

Four layers facial designed for mature skin, an anti-age vaccine that reverses the age damage. With D'Arson therapy, eyes and feet treatment are included. We complete the treatment with a massage on shoulders, neck and scalp.

Purification facial \$100.00 US 50 min.

A rich volcanic clay mask with essential oils will help you to purify, detoxify, activate circulation and give you vital energy to your cells, exfoliation, a nutritive mask will follow to end with a protective moisturizer and a relaxing massage on shoulders, neck and scalp.

Re-hydrating facial \$100.00 US 50 min.

Cleansing, herbal peeling, a relaxing face massage will prepare your skin for a personalized re-hydrating mask. Finishing with a massage on shoulders, neck and scalp.

Lift facial \$110.00US 50 min.

Cleansing, exfoliation, a relaxing face massage and a D'arson therapy session will prepare your skin for a personalized special mask with lift effect properties, your skin will look firmer and glowing. Finishing with a massage on shoulders, neck and scalp.



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MASSAGES

LT - Light touch
MT - Medium touch
FT - Firm touch

Back massage **MT** \$ 60.00 US 30 min.
Get rid of tension with this back, neck and shoulders relaxing massage.

Swedish Massage **LT** \$100.00 US 50 min.
A classic European Style massage involving soothing long strokes to promote balance and relaxation. This total body massage increases circulation and helps to relax muscles; it's an essential part of any anti stress program.

Holistic Massage **MT** \$105.00 US 50 min.
A complete massage using a combination of different techniques, leaving you feeling rested and rejuvenated. The use of energy and quartz pieces will help to promote harmony and relaxation in body, mind and spirit.

Deep Tissue **FT** \$120.00US 60 min.
Deep and firm touch massage, releases muscle tension and soreness and is popular for its ability to relax and lengthen tout over stretched muscles.

Lymphatic Drainage **LT** \$110.00US 50 min.
Soft and light massage that allows the elimination of toxins by draining the lymphatic tissues. Helps to activate the correct cellular metabolism. The lymphatic system cleanses out toxins.

Shiat-Su \$120.00 US 60 min.
A Japanese method of bodywork where the technique of body pressure through the use of hand, elbow, knee and foot pressure is applied with stunning results. Designed to promote health through relaxation and by influencing your natural equilibrium of chi.

Relaxing Massage **MT** \$100.00 US 50 min.
A full body massage designed to ease tension, relieve stress and promote a general state of well being.

Hot Stone Massage **MT** \$140.00 US 90 min.
Warm, smooth stones are used to heat and massage muscles to create a deep relaxing experience.

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BODY TREATMENTS

IONITHERMIE

New

One session \$180.00usd 70 min.

Series of 3 \$540.00usd 70 min

Includes: three treatments, Energetic basic protocol, \$50.00usd spa dollars for home care products.

Is a unique & extraordinary treatment for the correction of cellulite and the improvement of skin and muscle tone with the added benefit of inch loss and detoxification, hips, thighs, buttocks, abdomen and arms can benefit from a single session of IONITHERMIE although 3 or more is recommended. IONITHERMIE was created in France in 1978.

Anti -celullite and Contouring program

Series of 3 \$360.00 USD

Series of 5 \$560.00 USD

We selected the best and more effective products rich in herbal extracts which helps eliminate toxicity, brake down cellulite and fat accumulations, improves blood circulation and skin elasticity, which we personalized according to your personal needs. Includes a treatment for home use.

Body Scrub \$60.00 US 30 min.

An invigorating scrub combining dead sea salts and essential oils. This treatment refines the surface skin by exfoliating dead cells, stimulating circulation and leaving your skin with a healthy glow. A small massage with re-hydrating milk will complete the treatment.

Toning Body Wrap \$100.00US 50 min.

This wrap is rich in natural ingredients, with herbs and algae, which helps to tone and stimulates circulation.

Seaweed Body Wrap \$100.00US 50 min .

Rich in minerals and vitamins, this treatment detoxifies, reduces the retention of fluid and cellulite, and stimulates microcirculation.

Hydrotherapy \$60.00 US 30 min.

A relaxing therapy that takes place on a hydro-massage tub with essential oils, herbs or milk and honey to nourish, hydrate invigorate the body, ideal before any massage or treatment.

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Reflexology \$90.00 US 50 min.
Foot reflexology is the practice of stimulating areas of the feet that correspond to parts of the body with specific hand, thumb and finger techniques. This stimulation is believed to have a positive effect on a person's health and well-being.

Fango – Reflex \$110.00 US 45 min.
Dead sea salts exfoliation, reflexology massage. Followed by a volcanic mineral clay mask for foot and leg up to the knee.

Reiki \$90.00 US 60 min.
A gentle Japanese technique of laying hands in different parts of the body to bring in energy for a deep relaxation and a sense of well being.

Bach Flower Therapy \$45.00 US
The Bach Flower Remedies are 38 homeopathically prepared plant and flower based remedies. They work stimulating the body's own capacity to heal itself, by balancing negative feelings, helping you to take control, feel good, about yourself and get more out of life. They can be used in conjunction with any conventional or complementary medicines.

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Aloe Body Mask \$70.00 US 40 min.
An aloe gel mask is carefully applied to provide instant relief from sunburn and helps restore moisture. While the gel penetrates the skin you will receive a scalp and face massage. You will receive extra gel to maintain your skin fresh.

Temazcal \$120.00US 90 min
Minimum 2 people
A Temazcal is an indigenous ancestral ritual intended to purify and renew body, mind and spirit. It takes place directly on the beach at sunset within a terracotta hut. Hot volcanic rocks are used with water and aromatic herbs.

IMPORTANT

You will have a personal selection of essential oils for your treatments, most of them organic. Gratuities not included. Prices are subject to change without previous notification.

Hours: 07:00 hrs. to 22:00 hrs.

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Cancellations should be made at least 3 hours prior appointment, otherwise no shows will be charged with 50% of the total treatment value. Appointments will be automatically cancelled 10 minutes after scheduled time.

Outdoors SPA massages have a surcharge of \$20.00 US per service.

COUPLES SPA SUITE

You can enjoy your favorite massage with your partner in a private Spa Suite with Jacuzzi and lounge area, with a bottle of champagne and petit furs add \$100.00usd to your favorite massages

Design your own spa program

Select 3 treatments or more and get 10% discount and \$10.00us in spa dollars*

Select 5 treatments or more and get 15 % discount and \$20.00us in spa dollars*

Select 8 treatments or more and get 18% discount and \$40.00us in spa dollars*

THE SPA DOLLARS ARE VALID ONLY IN OUR SPA BOUTIQUE, NOT MONEY EXCHANGEABLE, NOT REFUNDABLE.

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